

Subject: Montana Alpha Chi Omega Newsletter for May 2013 - REVISED

From: Jane Short (axomontana@gmail.com)

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In this issue: Hello and Welcome!, Our Website and Facebook Page, Member News, Foundation Thanks, Area Social Chairmen, Recipe: Tabouleh. Volume 8, Issue 2

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Hello and Welcome!

I'm so glad to have you as a member of Nu Sigma Nu! By the way, we have grown to 19 members! I hope you had a happy belated Mother's Day! April and May have been very busy for me. We celebrated the graduation of my step-daughter, Emelia Short, from Vanderbilt Law School and also her engagement to Rohan Bansal, who graduated from Georgia Institute of Technology with a Ph.D. in Mechanical Engineering. I spent most of April and early May planning a large party for them which was held under a tent in our back yard. It turned out beautifully and now I am recovering! Emelia has already moved up to Buffalo, New York, where she will be studying for the New York bar exam and working for a large firm. She has already passed her CPA exams. She ran with my husband, Brock, in late April in the Country Music Half Marathon (her first) in the POURING rain! She is quite a courageous and accomplished young lady and I am so proud of her! I spent last weekend attending "Volunteer Training"

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Jane Short, President

Contents:

Hello and Welcome!

Our Website and Facebook Page

Member News

Foundation Thanks

Area Social Chairmen

Recipe: Tabouleh

for Alpha Chi Omega in Indianapolis. I got lots of good ideas and will try to pass them on to you. Similar to attending convention, it was a highly programmed several of days, with lots of valuable presentations. I really enjoy the people who attend - it is amazing what fantastic sisters we have!

One thing I'd like to encourage you to do is to do a search on "Coffee With Celia" on Facebook, and "like" it. Then you will start getting short news feeds pertaining to our Alpha Chi Omega ritual. Give it a try and let me know what you think! I need to make you aware that as of this fall, the Lyre magazine will be sent only to collegians, subscribers, and Life Loyal members. If you would like to become a Life Loyal member, it is a one-time payment of \$299, or \$179 if you are a 50 year member or above. The money goes into an endowment, meaning that the principal stays intact and the interest payments are used to fund the publication of the Lyre. You can become a Life Loyal member on the Alpha Chi Omega website. If you need assistance becoming a Life Loyal member, please let me know and I'd be glad to help you.

Thinking ahead, the Alpha Chi Omega National Convention will be held in Palm Desert, California, July 11-14 2014, at the JW Marriott Desert Springs Resort and Spa. I'm planning to attend. Would you like to join me? If you've never been to a convention, you should come; it's an amazing Alpha Chi Omega experience.

I will be returning to Montana in late June, and I look forward to getting together with some of you this summer. Keep in touch, and please let me know what's going on in your life.

Our Website and Facebook Page

Happy Birthday!

Mary Cloninger - June 3

Kristin Hagwell Stayner - June 27

Members

Anne Freeman Ball, Billings

Dorothy Larson Bell, Glasgow

Eddie Currier Bennett, Big Arm

Florence Wholschlegel Black, Billings

Mary Cloninger, Bozeman

Helen Hales Elliott, Conrad

Leslee Purdy Haylett, Helena

Marilyn Blanche Hertz, Anaconda

Susan McCarl Hills, Billings

Rosemarie Jager Iverson, Kalispell

Darla Davis Jones, Billings

Virginia Henningsen Lisac, Butte

Susie Webb Park, Kalispell

Bonnie Smith Rigg, Kalispell

Antoinette "Toni" Canepa Scully, Ennis

Sara Lauer Sheldon, Missoula

Jane Bonnell Short, Big Sky

Kristin Hagwell Stayner, Missoula

Karin Mikkelsen Utzinger, Bozeman

Welcome to Our

Newest Members!

Dorothy Larson Bell

Eddie Currier Bennett

Mary Cloninger

Next Event!

Stay tuned for more information!

Check out our website:

NuSigmaNuMontana.weebly.com. In case you didn't know, you can now pay your dues with a credit card via Paypal from our website. We also have a direct link to the Alpha Chi Omega Foundation's website, so you can make donations to the Foundation there. We have our old newsletters posted, as well as a large photo gallery. We also have a new Facebook page for our chapter so we can keep in touch easier and let each other know what's happening, both with our chapter and in our personal lives. The web address for the facebook page is:

<https://www.Facebook.com/groups/nusigmanu/> .

The Facebook group name is "Nu Sigma Nu". You can also do a search on this in Facebook. You need to have a Facebook i.d. of your own to get on. Request to join, and either Leslee Haylett or I will approve you. To send an email to the group, send it to: NuSigmaNu@groups.facebook.com. Many thanks to **Leslee Haylett** for sharing the administrative duties of this group with me!

Website

Keep on top of things by regularly visiting our website,
NuSigmaNuMontana.weebly.com.

Member News

Congratulations to our Province Alumnae Chairman, **Rebecca Cleland Olson**, who gave birth to her second child, a boy, on April 5, 2013! His name is Cooper James or "CJ".

Welcome back to **Edna "Eddie" Currier Bennett** of Big Arm, who is one of our longtime members. She spent the winter in St. George, Utah, and suffered a mini-stroke there, her second, on March 28, just before she was due to have knee replacement surgery. The surgery has been rescheduled for June 13, 2013 in Missoula, so we wish Eddie luck, good health, and a successful surgery. She will have 10-20 days of rehab after the surgery. Eddie

is no longer living with her longtime companion, Roger Wells, so she could sure use some words of encouragement from us.

Also welcome back to **Dorothy Larson Bell** of Glasgow. She writes that her 25th great grandchild was just born! She has 6 children, 20 grandchildren, and 25 great grandchildren now! Unfortunately, Dorothy has been suffering from arthritis in her back and has had many falls. She is 87 years old.

Bravo, we have a brand new member: **Mary Cloninger** of Bozeman! Mary is the head of the Department of Chemistry and Biochemistry at Montana State University. She has an 8th grader at Sacajawea Middle School and a 5th grader at Morningstar. We're so glad to have you!

Bonnie Smith Rigg of Kalispell and Miami Beach writes: "In the Fall and Winter of 2012 I participated in the Art Department Faculty Art Show and Beaux Arts Exhibit at the College of Arts and Sciences Gallery at University of Miami." She spent spring break in Montana to ski and said they had good snow. The Buffalo Hills golf course opened in mid-March, but I think they had to close shortly thereafter due to snow! Bonnie and her husband are avid Miami Hurricanes fans, and they enjoyed rooting for their team during the NCAA basketball tournament.

Susan McCarl Hills of Billings spent time in Florida visiting children and grandchildren. She also got to meet up with some high school friends she hadn't seen in 50 years who are "snowbirds" from Michigan.

Congratulations to **Anne Freeman Ball** of Billings, who is expecting her second child, another little boy, on July 26! She and Christian are thrilled, but she says she's feeling awfully old this time around with many aches and pains. Christian is recovering from a torn ACL but was able to ski this season. Our condolences go to Karin Mikkelsen Utzinger,

who lost her brother from Bellingham, Washington, on February 14, 2013. She got to spend three special days with him which were his last alert times, before he passed away. He would have been 80 on June 14 (Flag Day) but instead left us on Valentine's Day. He was lucky to have you for his sister, Karin, and I'm sure you were lucky to have him, too. I know that he was a talented author. **Susie Webb Park** was a district chairman for Alpha Chi Omega in Lubbock, TX in 1967-1969. The most current information I have on her husband, Jerry, is that he is home after 38 grueling treatments in the hospital.

A little bit of old news from **Leslee Purdy Haylett**: she got together three in her area for Founder's Day last October: herself, Bobbie Spilker, and Sally Bush. She said she enjoyed seeing them and getting caught up on what had happened since they last saw each other. Good job, Leslee!

Please let me know what's new with YOU!

For more information on all of our members, please refer to our membership roster, which will be sent to you as a separate attachment. Thanks to all of you for your support of our chapter!

Foundation Thanks

We received a very nice letter from Marsha King Grady, the past President of Alpha Chi Omega, thanking us for our recent gifts to the Alpha Chi Omega Foundation. Our donations make possible programs such as Leadership Academy for collegians, held in January 2013, and the Volunteer Training for alumnae leaders that I just attended. As Marsha puts it: "Through your gifts to the Foundation, you help ensure that the

transformational experience that changed our lives will be around for future generations of Alpha Chi Omegas" such as your daughters and grand-daughters. If you haven't already sent a gift to the Foundation this year, please consider sending one now.

Area Social Chairmen

Because our chapter encompasses the whole State of Montana, it is difficult for me to personally organize events in different parts of the state, and it is difficult for members to travel to these events.

Therefore, we have several social chairmen to organize events in different parts of the state.

Thank you to our current volunteers: **Susie Park Webb** (Flathead), **Leslee Purdy Haylett**

(Helena/Butte), and **Karin Mikkelsen Utzinger**

(Bozeman). If you don't see your area listed, I

would love for you to be able to get together with

Alpha Chi Omega alumnae near you, but it's up to

you to make this happen!

Recipe: Tabouleh

by Donna Shalala, President of the University of Miami, submitted by **Bonnie Smith Rigg**

5 bunches of parsley (de-stemmed) (4 cups chopped fine)

2 bunches of mint (preferably the tips, also de-stemmed) (2 cups chopped fine)

1 small bunch of scallions (1/2 cup)
1 cup lemon juice (squeezed from several large lemons)
2 cups chopped ripe tomatoes (for color)
1/2 cup cracked wheat (fine or medium bulgur)
salt and pepper
1/8 cup virgin olive oil

Soak the cracked wheat for three hours in water and lemon juice to cover. Meanwhile, wash and dry parsley and mint well. Chop parsley fine. Chop mint separately (preferably by hand, not in a food processor). Chop scallions. Cut tomatoes in small pieces. Drain cracked wheat, squeezing out all the juice. Combine wheat with other ingredients and mix well. Season to taste with salt and pepper and more lemon juice and a small amount of olive oil.

Try to wait before eating until flavors meld (two hours or more). Eat with lettuce leaves, young grape leaves, or thin Lebanese bread.

Here's to a healthy and fulfilling 2013!

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Our mailing address is:

Nu Sigma Nu Alumnae Chapter of Alpha Chi Omega
306 Anchor Drive
Old Hickory, TN37138

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